

Dear Patient,

It is very important that if you come down with a cold, fever, rash, or “any” medical problem close to your surgery date, you should notify our office immediately.

Please do not take any medication which contains aspirin for two weeks prior to the scheduled date of your surgery. Aspirin has an effect on your blood’s ability to clot and could increase your tendency to bleed at the time of surgery and during the postoperative period. Please check the labels of medications that you take (even those available without a prescription) to see that you do not take aspirin. **If you are currently taking aspirin, a product that contains aspirin, or a prescription blood thinner under the advice of a physician, you must have clearance from the prescribing physician to stop the medication prior to surgery.**

If you need minor pain medication, please take Tylenol. Tylenol is available at your pharmacy without a prescription and has an action very similar to that of aspirin. If you are allergic to Tylenol or unable to take it for some other reason, please notify us so that we may arrange for a suitable substitute.

PLEASE NOTIFY THE PHYSICIAN IF YOU ARE TAKING ANY VITAMINS, HERBAL MEDICATIONS, OR NATURAL SUPPLEMENTS AS THESE CAN ALSO CAUSE PROBLEMS DURING YOUR SURGERY AND SHOULD NOT BE TAKEN FOR THE TWO WEEK PERIOD PRIOR TO YOUR SURGERY.

Medication Advice

Section 1:

The following drugs either contain aspirin and/or have undesirable side effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for at least two weeks prior to surgery. If you need to take something for relief of minor pain, you may take Tylenol.

A.P.C.	Buffinol	Goody’s
A.S.A.	Butazolidin	Ibuprofen
A.S.A. Enseals	Cama Arthritis Pain Reliever	Indocin
Advil	Carisoprodol	Indomethacin
Aleve	Clinoril	Lanorinal
Alka-Seltzer	Congespirin Chewable	Lioresal
Alka Seltzer Plus	Cope Tablets	Lortab
Anacin	Damason P	Magan
Anaprox	Darvon (all compounds)	Magsal
Ansaid	Disalcid	Marnal
Argesic	Dolobid	Marplan
Arthritis Pain Formula	Dolprin	Medomen
Arthritis Strength Bufferin	Easprin	Methocarbamol with Aspirin
Arthropan liquid	Ecotrin	Micrainin
Ascriptin (all types/brands)	Empirin with Codeine	Midol
Asperbuf	Endep	Mobidin
Aspergum	Equagesic Tablets	Mobigesic
Aspirin (all types/brands)	Etrafon	Momentum Muscular
Atromid	Excedrin	Motrin
Axotal	Feldene	Nalfon
B.C. Tablets & Powder	Fiorinal	Naprosyn
Backache Formula	Fish Oil	Naproxen
Bayer Children’s Cold Tablets	Flagyl	Nardil
Buf-Tabs	Four Way Cold Tablets	Nicobid
Buff-A Comp	Gemnisin	Norgesic
Bufferin (all formulas)	Ginseng (all types/brands)	Norgesic Forte
Buffets II	Gleprin	Nuprin

Orudis	S-A-C	Tolmetin
Pabalate-SF	Saleto	Toradol
Pamelor	Salocol	Triaminicin
Parnate	Sine-Aid/Sine-Off/Sinutab	Trigesic
Pepto-Bismol (all types)	SK-65 Compound	Trilisate Tablets & Liquids
Percodan	St. Joseph's Cold Tablets	Uracel
Persantine	St. John's Wort (all types)	Vanquish
Phentermine	Sulindac	Verin
Phenylbutazone	Synalgos	Vitamin C (>1000mg/day)
Ponstel	Tagamet	Vitamin E (>600mg/day)
Propoxyphene Compound	Talwin Compound	Voltaren
Robaxisal	Tenuate Dospan	Zorprin
Rufen	Tolectin	

Section 2:

The drugs listed below can have undesirable side effects that may affect your anesthesia or surgery. Please let us know if you are currently taking any of these medications:

Achromycin	Imipramine HCL	Sinequan
Adapin	Isocarboxazid	Sumycin
Amitriptyline HCL/MCL	Limitrol	Surmontil
Amoxapine	Ludiomil	Tetracycline
Anafranil	Maprotiline HCL	Tofranil
Asendin	Matulane	Tranlycypromine
Aventyl	Medipren	Tri-Cyclen
Carbamazepine	Mysteclin-F	Triavil
Co-Tylenol	Norpramin	Trimipramine maleate
Comtrex	Nortriptyline HCL	Vibramycin
Desipramine HCL	Novahistine	Vivactil
Desyrel	Omade	Wellbutrin
Dilantin	Perphenazine	Zoloft
Doxepin HCL	Phenelzine sulfate	Zomax
Elavil	Procarbazine HCL	Zovirax
Extrafon	Protriptyline HCL	
Flexeril	Prozac	

Section 3:

The following foods contain salicylates, which affect blood clotting. They do not need to be omitted completely from your diet, but should be kept to a minimum for two weeks prior to your surgery.

Almonds	Grapes	Plums
Apricots	Grape juice	Prunes
Berries	Jellies/preserves	Raisins
Cherries	Nectarines	Tomatoes
Cucumbers	Oranges	Tomato products
Currants	Peaches	Vinegar
Curry	Pickles	Wine

Section 4:

If you are currently taking aspirin, a product that contains aspirin, or a prescription blood thinner under the advice of a physician, you must have clearance from the prescribing physician to stop the medication prior to surgery.