

### WOUND CARE: COMBINING SCIENCE AND COMPASSIONATE CARE TO ACHIEVE SUCCESSFUL OUTCOMES

Wounds are a universal problem, whether they are caused by trauma, cancer, infections, diabetes, vascular disease, or a host of other ailments and illnesses. How wounds are treated, however, is not universal. In some instances, wounds simply can heal by themselves. In other cases, intervention is required in the form of topical wound dressings, creams, ointments, or in some cases, surgery. Whether the wound is recent or longstanding, however, the best results are achieved when they are treated by taking the entire person into account, not just their wound. "We can help achieve successful outcomes in many patients with wound care needs and problems using the latest techniques, technologies, and science", states Dr. Jeffrey Janis, Associate Professor at UT Southwestern Medical Center Department of Plastic Surgery and Chief of Plastic Surgery and Wound Care at Parkland Memorial Hospital. With the addition of Dr. Larry Lavery, a diabetic foot wound care expert, our department is able to provide the most complete wound care management of patient in the entire region. Our wound care team is often faced with both simple and complex wounds, many times referred from outside hospitals. Using a multidisciplinary evidence-based approach, our Plastic Surgery Faculty tackle these wounds and are able to heal many, if not most, patients - even if previously unsuccessful elsewhere.



Jeffrey E. Janis, M.D., FACS  
Associate Professor

TO SCHEDULE AN APPOINTMENT, PLEASE CALL 214-645-2353

# PLASTIC SURGERY NEWSLETTER

## FACIAL AND CRANIOFACIAL RECONSTRUCTION

It takes our brain less than one hundredth of a second to identify or judge another person's face. We are programmed to identify facial patterns in great detail and any abnormality, however small it may be, is noticeable. We have all been in a situation in which we were close to a person with a facial deformity and tried to avoid staring at them. You can only imagine what the person with the deformity has to live through every single day of their lives.

At the Department of Plastic Surgery at UT Southwestern Medical Center we have specialists dedicated to reconstructing both the soft tissue and bony elements of the face in an attempt to restore patient's faces to as close to normal as possible. To deliver the best results for these patients a surgeon must have an excellent understanding of both the bony and soft tissue anatomy of the face and be able to plan and sequence the procedures as if you were building a house, often from ground up. "I always tell my patients that we will become friends over the next year and sometimes even longer. It's a journey on which both the patient and their surgeon must be willing to embark" – says Dr. Shai Rozen from the Department of Plastic Surgery at UT Southwestern. "A multidisciplinary approach is needed to optimize patient outcomes including plastic surgeons, ophthalmologists, skull base surgeons, neurosurgeons, and physical medicine and rehabilitation. An academic center of the caliber of UT Southwestern Medical Center has the top specialists in their relative fields under one roof working together" states Dr. Rozen. "This is a huge advantage when caring for this group of patients."

The variety of patients seen here for facial reconstruction include deformities of the skull and facial bones secondary to trauma or congenital (from birth), patients with paralyzed faces who undergo advanced microsurgical procedures to restore their smiles, and soft tissue reconstruction after surgeries for resection of cancer. The final goal is to restore a person's face to as close as possible to normal at a talking distance. That's what counts at the end of the day.



Shai M. Rozen, M.D.  
Assistant Professor



# PLASTIC SURGERY NEWSLETTER

## IT'S DAMAGE CONTROL TIME

We have had some fun in the sun, but as the warm weather fades it is correction time! The rate at which our skin cells rejuvenate naturally slows down as we age. Retin-A is a topical form of Vitamin A that helps in the process of skin renewal. Retin-A speeds up this process by providing a light peel effect that enhances collagen production. With regular use these products improve the texture of the skin, reduce fine lines, lighten skin discolorations and make the skin softer. Retin-A teaches the skin to act more youthful from the inside out and also corrects moisture deficiencies over time.

We are now offering Retin-A at a lower price.

20 gram tube, .01% cream - \$50

45 gram tube, .01% cream - \$80

During the months of October and November we are offering 15% off any light resurfacing treatments: glycolic/lactic acid exfoliation, dermaplaning and microdermabrasion. A skin care consultation is required for patients when starting Retin-A.

Please call 214-645-2353 to schedule an appointment for skin care consultation.

