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## **SPECIAL INFORMATION ABOUT ASPIRIN, DIET PILLS & HERBAL SUPPLEMENTS**

Patients having surgery must discontinue any medication which contains aspirin or other non-steroidal anti-inflammatory agents (see list of drugs below). This included, but is not limited to, Phen-Fen (Phentermine and Fenfluramine), Redux, and other prescription and non-prescription diet pills.

### ***ASPIRIN***

Aspirin has an effect on your body's ability to clot and could increase your tendency to bleed at the time of surgery and during the post-operative period.

### ***DIET PILLS***

Reaction between diet pills and anesthetic drugs could result in disturbances in your heart rhythms and could even cause cardiac arrest or death.

### ***HERBAL SUPPLEMENTS***

It is very important that you inform my office of any herbal remedies that you are currently taking. Some herbal remedies can interfere with medications given before, during and after surgery.

If you need minor pain medication, please take Tylenol. Tylenol is available at your pharmacy without a prescription and has an action very similar to that of aspirin. If you are allergic to Tylenol or unable to take it for some other reason, please notify us so that we may arrange a suitable substitute.

You must discontinue these medications for at least two (2) weeks prior to surgical procedures. Failure to do so may result in cancellation of your procedure.

If you have not informed us of the usage of these medications, please do so immediately.

## TO OUR PATIENTS:

It is very important that if you come down with a cold, fever, rash, or “any” medical problem close to your surgery date, you should notify our office immediately.

Please do not take any medication which contains aspirin for two weeks prior to the scheduled date of your surgery. Aspirin has an effect on your blood’s ability to clot and could increase your tendency to bleed at the time of surgery and during the postoperative period. Please check the labels of medications that you take (even those available without a prescription) to see that you do not take aspirin.

If you need minor pain medication, please take Tylenol. Tylenol is available at your pharmacy without a prescription and has an action very similar to that of aspirin. If you are allergic to Tylenol or unable to take it for some other reason, please notify us so that we may arrange for a suitable substitute.

**PLEASE NOTIFY THE PHYSICIAN IF YOU ARE TAKING ANY VITAMINS, HERBAL MEDICATIONS, OR NATURAL SUPPLEMENTS AS THESE CAN ALSO CAUSE PROBLEMS DURING YOUR SURGERY AND SHOULD NOT BE TAKEN FOR THE TWO WEEK PERIOD PRIOR TO YOUR SURGERY.**

### Medication Information

#### Section 1:

The following drugs either contain aspirin and/or have undesirable side effects that may affect your surgery (abnormal bleeding and bruising). These drugs should be avoided for at least two weeks prior to surgery. If you need to take something for relief of minor pain, you may take Tylenol.

A.P.C.	Clinoril	Magsal
A.S.A.	Congespirin Chewable	Marnal
A.S.A. Enseals	Cope Tablets	Marplan
Advil	Damason P	Medomen
Aleve	Darvon (all compounds)	Methocarbamol with Aspirin
Alka-Seltzer	Disalcid	Micrainin
Alka Seltzer Plus	Dolobid	Midol
Anacin	Dolprin	Mobidin
Anaprox	Easprin	Mobigesic
Ansaid	Ecotrin	Momentum Muscular
Argesic	Empirin with Codeine	Motrin
Arthritis Pain Formula	Endep	Nalfon
Arthritis Strength Bufferin	Equagesic Tablets	Naprosyn
Arthropan liquid	Etrafon	Naproxen
Ascriptin (all types/brands)	Excedrin	Nardil
Asperbuf	Feldene	Nicobid
Aspergum	Fiorinal	Norgesic
Aspirin (all types/brands)	Fish Oil	Norgesic Forte
Atromid	Flagyl	Nuprin
Axotal	Four Way Cold Tablets	Orudis
B.C. Tablets & Powder	Gemnisin	Pabalate-SF
Backache Formula	Ginseng (all types/brands)	Pamelor
Bayer Children’s Cold Tablets	Gleprin	Parnate
Buf-Tabs	Goody’s	Pepto-Bismol (all types)
Buff-A Comp	Ibuprofen	Percodan
Bufferin (all formulas)	Indocin	Persantine
Buffets II	Indomethacin	Phentermine
Buffinol	Lanorinal	Phenylbutazone
Butazolidin	Lioresal	Ponstel
Cama Arthritis Pain Reliever	Lortab	Propoxyphene Compound
Carisoprodol	Magan	Robaxial

Rufen  
S-A-C  
Saleto  
Salocol  
Sine-Aid/Sine-Off/Sinutab  
SK-65 Compound  
St. Joseph's Cold Tablets  
St. John's Wort (all types)  
Sulindac

Synalgos  
Tagamet  
Talwin Compound  
Tenuate Dospan  
Tolectin  
Tolmetin  
Toradol  
Triaminicin  
Trigestic

Trilisate Tablets & Liquids  
Uracel  
Vanquish  
Verin  
Vitamin C (>1000mg/day)  
Vitamin E (>600mg/day)  
Voltaren  
Zorprin

### Section 2:

The drugs listed below can have undesirable side effects that may affect your anesthesia or surgery. Please let us know if you are currently taking any of these medications:

Achromycin  
Adapin  
Amitriptyline HCL/MCL  
Amoxapine  
Anafranil  
Asendin  
Aventyl  
Carbamazepine  
Co-Tylenol  
Comtrex  
Desipramine HCL  
Desyrel  
Dilantin  
Doxepin HCL  
Elavil  
Extrafon  
Flexeril

Imipramine HCL  
Isocarboxazid  
Lorbitol  
Ludiomil  
Maprotiline HCL  
Matulane  
Medipren  
Mysteclin-F  
Norpramin  
Nortriptyline HCL  
Novahistine  
Omade  
Perphenazine  
Phenelzine sulfate  
Procarbazine HCL  
Protriptyline HCL  
Prozac

Sinequan  
Sumycin  
Surmontil  
Tetracycline  
Tofranil  
Tranlycypromine  
Tri-Cyclen  
Triavil  
Trimipramine maleate  
Vibramycin  
Vivactil  
Wellbutrin  
Zoloft  
Zomax  
Zovirax

### Section 3:

The following foods contain salicylates, which affect blood clotting. They do not need to be omitted completely from your diet, but should be kept to a minimum for two weeks prior to your surgery.

Almonds  
Apricots  
Berries  
Cherries  
Cucumbers  
Currants  
Curry

Grapes  
Grape juice  
Jellies/preserves  
Nectarines  
Oranges  
Peaches  
Pickles

Plums  
Prunes  
Raisins  
Tomatoes  
Tomato products  
Vinegar  
Wine